

Peewee Player Development Plan

The KDMHA Player Development Plan is based on Hockey Canada Skills Development Programs. A copy of the Hockey Canada Skills Development Programs is available at the North Grenville Public Library (Kemptonville branch) or through the Ottawa District Minor Hockey Association.

Goals for Peewee age players are:

- Fun
- Refining of basic skills
- Introduction to team tactics

The following practice time allotment is recommended:

45%	Technical skills
25%	Individual Tactics
10%	Team Tactics
10%	Team Play
10%	Strategy

In teaching any activity, coaches need to remember that there is a progression to teaching any skill, tactic, or play.

There is a consistent approach for teaching a skill, tactic or play:

- i. Explain why it is important and when it is used.
- ii. Demonstrate slowly so players are able to see it.
- iii. Practice through progression with feedback from the coach.

Peewee Player Development Plan

Category	Skill	Phase / Plan # / Drill #	Drill Name
Individual Skills			
Skating	Agility, Balance, Coordination	I 2 3 I 2 4 I 2 6 I 5 2 I 5 3 IV 2 2 IV 5 2 IV 6 1	Drive Skate with Puck Wide Stride Turn Reaction Turns Pivots Pivot Competition Agility 8's Overspeed training Highspeed Crossovers
Shooting	Wrist, Backhand, Slap	IV 1 2	Swiss Shooting Drill
Passing Accuracy	Forehand, Backhand, Boards, Drop, Flip	I 3 3 II 4 4 II 4 5 II 4 6 III 2 3 III 2 4	Passing Inside Out, Outside In 4 Square Regroup 4 Square Regroup – 2 player 4 Square Regroup – 3 player 4 Corner Passing Montreal Drill
Checking	Positioning & Angling	Review Step 1 - Teaching Checking, A Progressive Approach – Hockey Canada	
	Stick Check	Implement Step 2 – Teaching Checking, A Progressive Approach – Hockey Canada	
	Body Contact	Implement Step 3 – Teaching Checking, A Progressive Approach – Hockey Canada	
Goaltender	Refer to appropriate Beginner & Intermediate level drills from Hockey Skills Development Manual for Goaltenders		
Individual Tactics			
Dekeing		II 2 2	Deke
		II 2 3	Deke off a pass
Net Drive		I 2 3	Drive Skate with puck
		II 1 2	Net Drive 1 on 0
		II 1 3	Net Drive 2 on 0
		II 1 4	Net Drive 2 on 1
		II 1 6	Net Drive 3 on 0, 3 on 2
Puck Protection		III 1 3	Puck Protection #1
		III 1 4	Puck Protection #2
Body Position		IV 6 6	3 Puck 2 on 2

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Closing the Gap		II 3 2 IV 4 4 IV 5 4	Shadow Agility 1 on 1 Gap Control 1 on 1 Repeats
Backchecking		I 1 4 IV 6 3	Backchecking Bump Backchecking
Give and Go		I 3 4 I 3 5	Give & Go – Long Double Give & Go
Puck Support		III 3 3 III 3 4 III 4 4 III 4 5 III 4 6 III 5 5	Keep Away 3 on 1 Weave 2 Corner Crossover 2 on 0 Strong Side Regroup 2 on 0 Cross Ice Regroup 3 on 2 Regroup
1,2,3 Attack		Iv 3 2	3 Lane Weave
1/1's		IV 4 4	1 on 1 Gap Control
1/2's		I 4 5	
Basic Positioning		I 4 6 I 4 7 I 5 4	Defensive Zone Coverage Defensive Zone Faceoff Defensive Side Coverage
Breakout		II 3 3 II 3 4 III 1 7 III 1 8 III 1 9	Breakout Support – Strong Side Up Breakout Support - Strong Side Anchor Breakout Continuous Breakout Continuous Breakout Continuous
Forecheck		II 3 7 II 3 8 IV 4 2	Forecheck Technical Forecheck 2 player Wildman Forecheck
Faceoffs		I 4 7	Defensive Zone Faceoff
Penalty Killing		I 6 3	PK Positional Play
Power Play		III 3 5	2 – 1 – 2 PP

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Transition		I 5 6 I 6 4 I 6 5 II 2 4 II 2 5 II 3 6 III 5 5 III 6 3 IV 1 3 IV 1 4	One Player Transition 2 on 0 Transition 2 on 0 Crosses 1 on 1 Transition 2 on 1 Transition 3 on 0 Flow 3 on 2 Regroup 1 on 0 Transition Skate Attack / Defend – 2 Player Attack / Defend – 3 Player
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